

# KIRAN PAUDEL

Austral, NSW, 2179

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## SUMMARY

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Motivated and reliable individual with a positive attitude and a strong work ethic. I enjoy working as part of a team and am always willing to take on new challenges and learn new skills. I'm comfortable working in fast-paced environments, and I pride myself on being punctual, respectful, and adaptable. I'm looking for a casual or part-time role where I can contribute to a positive workplace while continuing to grow professionally.

## SKILLS

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Cleaning and sanitation, Time management, Physical stamina, Communication skills, Teamwork, Customer service, Reliability, Attention to detail, Problem-solving, Manual handling, Adaptability, Punctuality, Initiative, Safety awareness, Multitasking, Organisation skills, Work under pressure

## WORK EXPERIENCE

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### Merfield Group

Cleaning and Hygiene Attendant

Jun 2025 - Present

2-8 Twin Creeks Dr, Luddenham NSW 2745

- Clean and disinfect toilets, urinals, basins, floors, and other restroom fixtures to maintain high hygiene standards.
- Replenish restroom supplies such as toilet paper, soap, paper towels, and sanitary products.
- Empty trash bins and dispose of waste safely and responsibly.
- Perform routine cleaning duties in other common areas, including sweeping, mopping, vacuuming, and dusting.
- Report any maintenance or repair issues, such as leaks, damages, or supply shortages.

### Gadara Transport PTY. LTD.

Picker and Packer

May 2025 - Jun 2025

6 Progress Cct, Prestons NSW 2170

- Assisted in the organization and management of warehouse inventory.
- Participated in regular safety inspections and compliance audits.
- Collaborated with team members to optimize packaging processes.
- Maintained a clean and organized work environment.
- Operated warehouse equipment safely and efficiently.

### Ingram Micro

Management

Mar 2025 - Jun 2025

22-24 Wonderland Dr, Eastern Creek NSW 2766

- Finished packaging orders by the due dates.
- Verified that items, materials, and containers were examined and inspected to ensure packing requirements were met.
- Recorded order, product, and packaging details on appropriate forms and records.
- Loaded supplies and goods into machinery used to process packages.
- Removed faulty finished goods or materials and placed them on conveyors or designated areas like loading docks.

## EDUCATION

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### Western Sydney University

Masters of Information and Communication Technology

Jan 2023 - Jan 2027

### Tribhuvan University

Bachelors of Science in Computer Science and Information Technology

Jan 2017 - Jan 2021

GPA: 4.2